

Department of Veteran Affairs

Meet the Dietitian



Melaina Lane, MS, RD, LDN

Melaina is a registered dietitian. She received a Master's degree in Food and Nutrition from Southern Illinois University Carbondale. Melaina has worked in several areas of nutritional practice including the hospital and community settings. One of her past positions included working with the New Life Weight Loss Center through Herrin Hospital.

Melaina was able to educate bariatric patients on the diet, complications, and outcomes of bariatric surgery. Currently she provides patient education and counseling for the veterans enrolled at the Primary Care Annex. Recently Melaina published a children's book, entitled "Chubs, Another Day at School." Her passion is to help prevent the progression of childhood obesity.

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