

## Department of Veteran Affairs

### Meet the Dietitian



### **Natalie de Mello, RD, LDN, CDE**

Natalie is a registered dietitian and certified diabetes educator. She graduated from Southern Illinois University in Carbondale in 1999. She then went on to complete a year-long internship at Barnes-Jewish Hospital in St. Louis, Missouri. Natalie has 13 years of experience in working with diabetes. She currently participates in the Shared Medical Appointments for Diabetes, Diabetes Education Group Classes, Diabetes Support Group, CCHT (for weight loss and diabetes) as well as counsels patients individually.

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